



Healthy Klamath Meeting Notes July 28, 2022

<p>Attendees:</p>	<p>Miranda Hill (Klamath County Public Health), Jennifer Little (KCPH), Cally McCool (Cascade Health Alliance), Abbie McClung (KBBH), Jenn Scott (KBBH), Robyn Pfeifer (Citizens for Safe Schools), Kim Estes (KLCCOA), Makenzie Folsom (KBBH), Ken Morton (CARES), Jessie Hecocta (Edward Jones), Kelsey Mueller Wendt (Healthy Klamath), Hannah Zhang (Healthy Klamath), Glenn Gailis (Wellness Center), Jessie Wilkie (Healthy Klamath), Marc Kane (Klamath Senior Center), Tina Zaragoza (Integral Youth Services), Justin Straus (CHA), Jaron Riddle (Max’s Mission), Sabrina Garcia (Prime +/Transformations), Katherine Duarte (KCPH), Eden Halstand, Martha Decker-Hall (Outpatient Care Management), Princess Osita-Oleribe (CHA), Lisa Bertash (Foster Grandparent Program), Jennifer Newton (SLMC Wellness Center), John Bellon (City of Klamath Falls), Denise Stilwell (SCOEDD)</p>
<p>2022 Community Health Improvement Plan Update (Merritt Driscoll)</p>	<ul style="list-style-type: none"> • Timeline of 2022 CHIP: <ul style="list-style-type: none"> ○ April, 2022: Finalized Community Health Assessment ○ May-July, 2022: CHIP Survey shared in English and Spanish with over 300 responses ○ June-July, 2022: Hosted listening sessions in communities across Klamath County ○ August, 2022: Finalize CHIP priorities ○ August-September, 2022: Create CHIP and detailed work plans ○ October, 2022: Finalize 2022 CHIP • Presented results of community health survey and community listening sessions that have been hosted across Klamath County, see attached meeting PowerPoint for more information. • Shared gallery of data online and asked Healthy Klamath members to check out the gallery in the next week and rate the top five priority areas in terms of community need and the resources we have to address the priority area as a coalition. • A big thanks to public health and Valeree Lane for all their work and partnership on the CHA and the CHIP process • Please view the gallery here: https://www.healthyklamath.com/chip-gallery • Share your top 5 priority areas here: https://www.surveymonkey.com/r/2022CHIP
<p>Food Insecurity (Kelsey Mueller Wendt)</p>	<ul style="list-style-type: none"> • Continue to host food for thought events educating about different levels of our food system, hosted water in the basin event in June. • Host food demos at farmer’s market, encouraging people to eat vegetables.

	<ul style="list-style-type: none"> Selected for IPE program for OHSU, they will do a literature review and look at the gaps in food systems at schools
<p>Suicide Prevention (Jennifer Scott)</p>	<ul style="list-style-type: none"> Created a suicide prevention strategic plan. Will be focusing on older men, many men are choosing to end their life. Hosted a Connect Training at KBBH, trained 11 people Trained in Assist and can host the two-day training throughout the County. Comprehensive way to prevent suicide, they also offer Connect post-vention training. Also offer QPR training, it's a basic 90-minute training on how to recognize signs of suicide. Reach out to Jenn Scott at jscott@kbbh.org if you're interested in to setting up a training. We now have 988 for your mental health, it does not replace the suicide hotline it serves any individual experiencing a mental health crisis, an all-encompassing mental health line. Working to develop a suicide prevention town hall, September 24 at the Community Health Education Center. Arnold Thomas, a suicide survivor, will share his story, it will be a three hour event. See attached flyer to learn more. Community outreach hosted on Third Thursdays. They did a positive affirmations exercise on chalk board at Third Thursdays in June and July.
<p>Infant Mortality (Katherine Duarte)</p>	<ul style="list-style-type: none"> Wildfire smoke and infant health team urgently recruiting participants, looking for pregnant moms, see attached flyer to learn more. Also created wildfire smoke and your baby infographics. English: https://tinyurl.com/wildfiresmokeguide, Spanish: https://tinyurl.com/elhumo Sharing information on how to check air quality in your area, how to reduce exposure, information about mask use, and links to other resources with the community. The committee has also been focusing on healthy nutrition, encouraging double up food bucks at the farmers market, WIC vouchers and produce connection. Working with Tobacco Prevention program to get word out about tobacco and drug use during pregnancy
<p>Physical Activity (Jessica Kostick & Jessie Wilkie)</p>	<ul style="list-style-type: none"> Weekly fitness classes hosted in parks, check out the Healthy Klamath community calendar to learn more or reach out to Jessica Kostick at jessica.kostick@healthyklamath.org to receive weekly information about the classes. Continuing to share exercises with community though monthly newsletters Hosted two Purpose Workshops and have more scheduled 24 hour Walk-a-thon at Steens Sports Park will be hosted on October 1-2

	<ul style="list-style-type: none"> • Todd Durkin is coming to Klamath Falls on October 28th. He will talk about living a fit lifestyle and how to find impact/purpose in life, will be followed by a workout. To get your tickets visit: https://www.healthyklamath.com/todd-durkin • Movember men’s health month, first responder challenge will continue this year, followed by a community field day and ending celebration. • Klamath Falls into Fitness challenge will engage the community, include financial fitness, mental fitness, and physical fitness. Challenge will run from October to November. More information to come. If interested to get involved, reach out to Jessie Wilkie at jessie.wilkie@healthyklamath.org. • If you would like to submit an article to living well it is due August 19.
<p>Housing (Princess Osita-Oleribe)</p>	<ul style="list-style-type: none"> • CHA is providing funds for the Home front project with Share initiative funds • Working with OHA to distribute air filters to 700+ OHP members • KCEDA has 2 homes in progress and completed 4 homes • KBBH is working to expand their rental program to provide services to families with serious mental illness. KBBH has also applied for OHA housing expansion grant. • Klamath Tribes is having Rogue Retreats manage emergency housing up to 2 years for unsheltered tribal community members.
<p>Oral Health (Katherine Duarte)</p>	<ul style="list-style-type: none"> • Oral Health coalition hosted free dental days in Merrill and Malin in May. This was sponsored by many different organizations around the community. <ul style="list-style-type: none"> ○ They served 55 patients, and provided 18k in services. ○ They had Spanish language interpreters and bilingual food provider • HPV Dental Task Force is sharing information with youth, parents, providers • Hosting 2 more free dental days in August (Mexican consulate event) and October (Community Baby Shower)
<p>Community Updates (All)</p>	<ul style="list-style-type: none"> • Weekly fitness classes are hosted for free in parks around the community, check out the schedule in Healthy Klamath meeting slides. • Human Trafficking symposium- will focus on human trafficking, Dr. Liz Oltsen will be the key note speaker, as well as speakers from homeland security and local experts. • OSU pregnancy recruitment – trying to recruit participants, need 2 more pregnant women, reach out to Katherine Duarte if you know of anyone that might be interested kduarte@klamathcounty.org. • Max’s mission: Jared is working in Klamath County at 220 main street. He is there every Thursday to pick up harm reduction supplies like Narcan, and can do syringe exchange, learn more at maxsmmission.org

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| | <ul style="list-style-type: none">• The Senior Center received 10 air conditioners, they plan to distribute them to seniors in need on Medicaid.• Age Well Expo will be hosted on September 20th, learn more at Klamathseniorcenter.com.• OHA and KBBH are hosting a “Transportation and You” event and providing a free training on how to get around the Klamath basin using public transportation, this will be on August 17th from 6-8pm.• Citizens for Safe Schools is always looking for new mentors, if you know of anyone that might be interested, please reach out to Robyn Pfeifer at rpfeifer@citizensforsafeschools.org |
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Next Meeting: September 22, 2022