

Healthy Klamath Meeting  
 January 28, 2014  
 10:00am-11:00am  
 Community Health Education Center

In Attendance: Jessie Hecocta (Klamath Tribal Health), Marilyn Sutherland (KCPH), Diane Barr (CHA/Atrio), Patty Case (KBREC), Nora Avery Page (H&N), Bonnie Ross (KODFP), Kim Tyree (KODFP), Kelli McBride (KODFP), Jessie DuBose (DHS), Laura Blair (KCSD), Debbie Vought (CFSS), Kim Abel (CFSS), Steve Meng (YMCA), Mike Reeder (Steens Sports Park), Jeremy Player (DHS), Maria Ramirez (Ella Redkey), John Bellon (City Parks), Carrie Ganong (Sanford Clinic), Ralph Eccles (CEFP), Marc Kane (Senior Center), Paul Stewart (Sky Lakes), Jennifer Little (KCPH), Katherine Pope (Sky Lakes), Stephanie Van Dyke (Sky Lakes)

Agenda Item	Discussion	Action Item
Welcome- <b>HK Leadership</b> 1 minute	Jennifer welcomed everyone and introduced Marilyn Sutherland, Director of Public Health	
Summary of 2013 CHIP and how our activities work to improve community health  <b>Marilynn Sutherland</b> 10 minutes	<p>Marilynn reviewed how Healthy Klamath came about and what our primary focus is. In 2013 we completed a Community Health Improvement Plan (CHIP) that identified priority areas. She and Jennifer worked together to create a diagram that shows the overarching goals of the CHIP. Our projects need to be data-driven and evidence-based.</p> <p>Jennifer explained that our current project working towards a Community Health and Recreation program relates directly and indirectly to many of the priority areas. Although not all priority areas are involved, majority are. Jeremy Player pointed out that recreation programs also indirectly address poverty and the group agreed.</p>	Attached is a copy of the diagram for your review. If you'd like to read the CHIP, it can be accessed <a href="#">here</a> .
Update on Health and Rec coordinator <b>HK leadership</b>  5 minutes	<p>Jennifer thanked members of the group for the help putting together a draft job description for the Health and Rec position. After doing some research, Katherine and Stephanie proposed we apply to get a Resource Assistance for Rural Environments (RARE) student. RARE is an AmeriCorps program run out of University of Oregon. More information about RARE can be found <a href="#">here</a>. Paul Stewart said he knows of some funding sources that can help us secure this RARE student.</p> <p>Concern was raised about the qualifications of a student and if he/she would be the right fit for what we're looking to accomplish. Katherine said these are highly motivated students who</p>	Anyone willing to work on the application and figure out logistics for this project and its future direction <b>please sign up to be on a sub-committee</b> . A signup sheet will be sent to everyone by Jennifer.

	<p>receive specific training specific for this type of work.</p> <p>The application to get a student is due in April and the successful candidate would begin working in September and would work here for 11 months.</p> <p>We also need to decide where this RARE student would be housed. Suggestions were Public Health, YMCA and the City Parks Department. It was suggested that Public Health do it since this relates to public health and serves the entire county community.</p> <p>There was also discussion about how this project may be seen as threatening to various community organizations who are in the recreation business. YMCA does a lot of recreation and does not want this project to overlook their major programs nor take away participation in them.</p> <p>We want this project to be something that unifies and augments existing programs, so everyone who has a stake needs to be at the table. For example, the person who runs the Harbor Isles programs should be contacted.</p> <p>Marilynn also mentioned that the Board of County Commissioners wants to resurrect the Recreation Advisory Committee, which aligns perfectly with our project. We will follow up to get more details.</p>	<p>If you know someone in the community who should be involved with this discussion, please send their contact information to Jennifer and they can be on the subcommittee.</p>
<p>Walk/Plant tree initiative <b>Katherine and Stephanie</b>  5 minutes</p>	<p>The Klamath Tree League contacted Katherine and Stephanie to partner on a new project. They aim to plant trees on the OC&amp;E, Crater Lake Parkway, and Foothills Blvd. in April.. As people continue to hike these paths, they can water the trees with water bottles and feel ownership over “their” tree. Tree planting will take place on April 11, 18, and 25 and there will be a special Arbor Day Event on April 24<sup>th</sup> at Ferguson School. As details are confirmed and flyers are produced, Katherine will send them along by request.</p> <p>Oregon Parks and Recreation is starting a</p>	<p>There is a flyer regarding the Fitness Walks attached.</p> <p>If interested in participating in the Walk/Plant Initiative or in distribution of future flyers, please contact Katherine Pope. A signup sheet will be sent to everyone by Jennifer.</p>

	<p>fitness walking program that meets Tuesdays and Thursdays from 12:10-12:50 on the OC&amp;E. They want to pair this with the tree-planting-watering initiative. They'll be providing pedometers as well. All are welcome.</p>	
<p>Blue Zone update <b>Katherine and Stephanie</b>  5 minutes</p>	<p>Stephanie explained the Oregon Healthiest State/Blue Zones project. We have the opportunity to apply to be one of two 'transformation communities' that will receive a team of experts in Klamath for several years – an investment of several million dollars. At this time, the Oregon Healthiest State Team is forming a steering committee and they do not have a release date for the RFP. Here is an overview of the Blue Zones Project: <a href="#">Blue Zones 4 minute Overview</a></p> <p>Marc Kane offered ways we can still be involved and help us be more competitive in our application when it does come around. As an individual or an organization, you can decide to submit a formal letter of commitment <a href="#">here</a>. The Senior Center and several other Klamath organizations have already done this. Being involved in the various initiatives around town helps our application look stronger!</p>	<p>If you want to be involved more with this initiative, please contact Stephanie Van Dyke. A signup sheet will be sent to everyone by Jennifer.</p>
<p>Park/Plaza update <b>Katherine and Stephanie</b>  5minutes</p>	<p>There are two lots downtown that the City has purchased and will be transformed into parks or plazas. The City has designated funding for the 6<sup>th</sup> and Main lot, a designer has been hired, and and they hope to break ground in the spring.</p> <p>Kim Tyree mentioned that Newell School is closing and they're allowing people to bid on the playground equipment. Plans for the pocket parks are not finalized and they're unsure if they'll be putting in playground equipment or making it more of a plaza. John Bellon said he might look into that equipment for one of the existing city parks or the YMCA.</p>	
<p>Protected Bike Lane update <b>Katherine and Stephanie</b></p>	<p>Protected bike lanes are more than just a white line;; there is an actual barrier between cars and the bikes. Research shows they increase walkability/bikeability, increase property values and decrease commercial vacancy when located near protected bike lanes because of the beautification value, improved connectivity, and resident demand. This project can be</p>	<p>If you want to be involved more with this initiative, please contact Stephanie Van Dyke. A signup sheet will be sent to everyone by Jennifer.</p>

	<p>pitched as an economic development project because of the increased property values or as a health project because of the physical activity promotion.</p> <p>The Wellness Center received a grant from which they can dedicate \$85,000 to this project. They are currently consulting with experts to develop these protected bike lanes. It has been proposed that this project start at Moore Park, travel down Oregon Ave, and end at Hutch's Bicycle Shop.</p> <p>A question arose about plowing during the winter. Other communities in Minnesota that have these protected bike lanes function just fine, so we can reach out to them for guidance. Or during winter time there may be weeks that the bike lanes may be unusable if we don't have small plows to clear them.</p> <p>It was mentioned that accessibility is great (walking is free), but for those who want to bike but can't afford one, this doesn't help them. It was mentioned that in the future we could look into a bike share program.</p>	
<p>Other announcements from the group</p>	<p>Marc Kane announced that the Senior Center is expanding their Walk with Ease program. One session will now be offered at KCC.</p> <p>Patty Case announced that a group is working towards resurrecting the Living Well with Chronic Diseases program. They are looking for volunteer lay community members to attend training and become class facilitators. Leaders should be people who have any type of chronic disease. You can find more information about the program <a href="#">here</a>.</p>	<p>There is a flyer attached.</p> <p>If you know someone who might be interested in becoming a Living Well leader, please contact Patty (patty.case@oregonstate.edu)</p>
<p><b>Next Meeting: February 25<sup>th</sup> 10-11am</b></p>		