

Healthy Klamath Meeting
January 25, 2017
10:00am-11:00am
Community Health Education Center

In Attendance: Donna Rhoades, CHA; Liz Maddalena, KBBH; Merritt Driscoll, BZP; Tonia Henderson, SLMC DM; Kim Estes, KLCCOA; Katherine Pope, SLMC Wellness; Cort Coz, BZP; Erin Cox, BZP; Jessie Hecocta, BZP; Jackie Guiley, KTH&FS DM Program; Valeree Lane, KRHEC; Erin Schulten, KCPH; Robyn Pfeifer, KCPH; Valerie Franklin, SLMC; Jennifer Little, SLMC; Jessie DuBose, BZP; Cyndi Kallstrom, OHA; Niki Sampson, Klamath-Lake Counties Food Bank

Agenda Item	Discussion
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Welcome

Public Health Update: Erin Schulten

Erin Schulten gave an update on recent Klamath County Public Health (KCPH) activities. First, she introduced a new Program Coordinator, Robyn Pfeifer. Robyn coordinates the Personal Responsibility Education Program (PREP), which provides sexual health education to youth throughout the community.

Erin gave an update on the work sessions held on January 24, 2017 with the Board of County Commissioners and City Council to discuss the proposed Tobacco Retail License (TRL) ordinance.

Erin gave an update on Kick Butts Week, March 13-17, 2017. KCPH is partnered with Valerie Franklin from Sky Lakes Outpatient Care Management and Lynda Daniel from Tribal Health. They will be holding assemblies in some schools to combat Big Tobacco targeting youth to purchase their products.

Valeree Lane, KCPH's Regional Health Equity Program Coordinator gave an update on her work and the Regional Health Equity Coalition's (RHEC) activities. She recently facilitated Safe Zone training for KBBH. Safe Zone training is intended to help a workplace be better prepared to talk about and support LGBTQ clients and employees. This training is available to anyone who is interested. Additionally, the Coalition is looking into hosting training in the Spring on working with the aging LGBTQ population.

Valeree informed the group of the upcoming Sticker Shock Campaign in our rural communities intended to prevent underage access to alcohol products. In addition, Chiloquin First will be doing work in Chiloquin on a marijuana prevention campaign.

The Regional Health Equity Coalition has a new meeting schedule. The next General Assembly, which is now a quarterly meeting, will meet on March 15, 2017 at 10am at the Washington Federal Conference Center.

Action Item: Email TRL Communication Plan to Katherine Pope.

Update from Food Bank: Niki Sampson

Niki Sampson offered her condolences on the loss of Dr. Stephanie Van Dyke.

Niki Sampson gave an update on the Food Bank's Produce Program. They have access to a lot of fresh produce and would like to expand their program even further. Their goal is to reach 1mil pounds this Summer and Fall and cover the entire County. They wrote grants last year for refrigerated trucks, which will allow them to expand this year. Participants can pick up produce on Thursday and take to locations on Thursday and Friday. They are working to find a point of contact for each outlying area.

The boxes do have to be returned by 4pm on Fridays or early the following week.

The Food Bank is getting 500-800 grill baskets. They plan to set up grills at various locations to show how easy it is to grill healthy produce. Anyone that has a common area with a grill can host an event.

The Food Bank is starting a program for Senior Citizens. There are 150 slots to provide Senior Citizens with high quality food each month.

Action Item: If you are interested in participating in this program, please email Niki at Niki@klamathfoodbank.org.

If you have any recipes for grilled produce or using grill baskets, please send to Niki.

Valeree Lane committed the KCPH WIC clinic and the Regional Health Equity Coalition to support the program.

KBBH Update: Liz Maddelana

Liz Maddalena, filling in for Amy Boivin, gave an update on Klamath Basin Behavioral Health (KBBH) activities. She explained to the group what an ACT team is and what it has to offer to the community. KBBH has an Assertive Community Treatment, or ACT, program, which kicked off last month. This allows KBBH staff to meet with clients in the community instead of at KBBH. This program targets patients who struggle to make and keep appointments. It can also serve as a follow up to a crisis to make sure clients are connected to services. The ACT team includes, but is not limited to a QMHP, nurse, case manager, and peer support. The ACT team typically receives referrals and works to remove barriers to treatment.

KBBH has recently become a Certified Community Behavioral Health Clinic. The setup is similar to a Federally Qualified Health Center (FQHC). This allows them to serve everyone regardless of their ability to pay. Oregon was one of 8 states selected to participate. KBBH is one of 13 clinics in Oregon selected to serve as a demonstration site.

Action Item: None.

Protected Bike Lane Update: Katherine Pope

Katherine Pope gave an update on the Protected Bike Lane Project. Funding was received from Cascade Health Alliance (CHA) last year for Phase 1 of the project to connect Biehn Street to Downtown. Now that the transition has happened following the City Council elections, she is moving forward with City approval. She met with Nathan Cherpeski, City Manager, and will present in Public Comment at a City Council Meeting in February and will need mass support. She has met with everyone except Phil Studenberg. Funding is not needed, only approval.

The project received the Pacific Northwest Choice Award from the American Council of Engineering Awards (ACEC). Kittelson and Associates, Inc. submitted the nomination.

Action Item: None.

Blue Zones Update: Jessie DuBose

Jessie DuBose led the group in a moment of silence to honor the memory of Dr. Stephanie Van Dyke.

Jessie DuBose gave a presentation on the progress of Blue Zones to date since year one has been

completed. The update included progress reports on each of the metrics and the plan for 2017. Blue Zones currently has 9 committees with 140 volunteers, with additional volunteers for their events.

Erin Cox told the group about upcoming cooking classes and distributed a flier. The OSU Extension Office and KCC are hosting three Blue Zone Inspired Cooking Classes in February. The cost is \$12 per class. For more information, please go to <http://oregonstate.edu/dept/kbrec/>.

Saturday, February 11th from 2-4pm (Ikaria, Greece)

Monday, February 13th from 2-4pm (Sardinia, Italy)

Tuesday, February 21st from 5-7pm (Nicoya Peninsula, Costa Rica)

Action Item: None.

Next Meeting May 24, 2017