

Healthy Klamath Meeting  
 May 24, 2017  
 10:00am-11:00am  
 Klamath County Food Bank

In Attendance: Niki Sampson (Food Bank), Kent Rowan (Food Bank), Marc Kane (Senior Center), John Bellon (City Parks), Jessie DuBose (Blue Zones), Katie Swanson (Blue Zones), Valerie Franklin (Sky Lakes), Jennifer Little (Sky Lakes), Erin Schulten (Public Health), Quannah Burchell (Public Health), Kim Estes (Agency on Aging), Nora Avery Page (Cascade Health Alliance), Sophie Nathenson (Oregon Tech), Mike Reeder

Agenda Item	Discussion
<b>Welcome</b>	
Tour and overview of Food Bank- Niki Sampson	<p>The Food Bank is a great community resource. Right now they are running the Produce Connection program, which offers fresh produce at no cost for anyone. It does not count against food box allotment associated with your food bank card. The locations are the Sky Lakes Wellness Center, Chiloquin Care, Malin Assembly of God, Merrill Presbyterian Church, Salvation Army, Cascades East, Sprague River Pantry, Bonanza, Klamath Works, and Round Lake Mobile Park. It costs about \$.05 per pound to move the produce. \$0.95 of every dollar goes back out to the community because the food bank is sustainable and debt free, so little cost goes to admin. Also, every dollar donated can pay for 10lbs food. They have 7 staff and a fleet of vehicles. They provide emergency food boxes when needed. The Food Bank Partners with over 100 organizations that distribute food to those in need, volunteer, run food drives, or provide donations. They have aprox 1000 volunteers. 78% of cash revenue is private donation, about 11% is government asst (USDA). 50% of food comes from the Oregon Food Bank and 50% from the community. They also get about 30,000lbs of fresh produce from local gardeners (just plant an extra row!) They are also working on obtaining more healthy non perishable (shelf-stable) items through the Klamath Food Project.</p> <p><b>Action Items:</b> Anyone who would like to run a food drive, volunteer, or donate, contact Niki at <a href="mailto:niki@klamathfoodbank.org">niki@klamathfoodbank.org</a></p>
Klamath Recreation Association event-Jennifer Little	<p>Last year Healthy Klamath decided to focus on recreation. A subcommittee has been meeting and has created the <a href="#">Klamath Recreation Association</a> (the website is still being developed). The goal is to unify the recreation providers and allow for a central hub for community members to find recreation opportunities. On August 12<sup>th</sup> from 4-8pm we are hosting a Recreation Exploration event. Rec providers will have booths where they can demonstrate their activity, get signups etc, also they have the chance to do a larger activity on the soccer field.</p> <p><b>Action Item:</b> for more information contact Jennifer Little at <a href="mailto:jennifer.little@skylakes.org">jennifer.little@skylakes.org</a></p>
Klamath County Public Health Update-Erin Schulten	<p>Tobacco Retail Licensing Update- the county passed TRL and now there's a process that the ordinance must go through in the City. MAPP Conference- Mobilizing Action through Planning and Partnerships. Public Health attending a conference to learn about the MAPP framework in regards to completing the next community health assessment. This was the same framework that was used during the 2013 community health assessment process.</p>

<p>Senior Center Grocery Store effort- Marc Kane</p>	<p>You may have seen the <a href="#">newspaper article</a>. Marc stressed this is not a Senior Center specific effort, but rather a community-wide one, as it will benefit much of the community, not just seniors. This could help with economic development and equitable access to food and pharmacy. The potential grant funders need evidence of community collaboration. This can be demonstrated through letters of support as well as fundraising or other efforts. For example, back in 2014 a dedicated group of community members drove to Portland to show support for the Blue Zones project and it paid off. Related, obtaining a downtown grocer is one of the key milestones for the Blue Zones project, so there is great incentive. Healthy Klamath would like to endorse this effort by sending in a letter of support. If there are reservations, please contact Jennifer Little.</p> <p><b>Action Item:</b> Please contact Marc Kane at <a href="mailto:marc.kane@kbscc.org">marc.kane@kbscc.org</a> to get involved</p>
<p>YMCA Summer Lunch Program</p>	<p>Summer meals run from June 19<sup>th</sup> – Sept 1<sup>st</sup>. A complete site list is available by calling the Y at 541-887-2512 and it will be uploaded to our website by June 1<sup>st</sup>.</p> <p>The summer meal program Park &amp; Play will kick off with an event on Tuesday June 27<sup>th</sup> at 11-1pm with a bicycle parade hosted by the Mills Neighborhood Association at 10:30am. All are welcome to attend, booth activities will be hosted by community organizations.</p>
<p>Blue Zones Update Jessie DuBose</p>	<p>Blue Zones Project in Klamath Falls wants to achieve city certification. This means we have to demonstrate a change in the Well Being Index metrics as well as meet selected metrics (policies, engagement numbers, etc). Jessie stressed that they want to use Blue Zones Project as a way to boost community efforts, not take over them. They have been asked to help with events (give back day, bike to work day) but their intention was to help, not take credit. There are three new demonstration communities (Klamath was the first!): Roseburg, Grants Pass, and The Dalles</p>
<p>Next Meeting September 27, 2017 at the Community Health Education Center</p>	