

Healthy Klamath Meeting
 January 27th, 2016
 10:00am-11:00am
 Community Health Education Center

In Attendance:

Agenda Item	Discussion	Action Item
Welcome		
Blue Zones Project (BZP) Update Jessie DuBose	<p>Local BZP staff introductions: Erin Cox- Organizational Lead Merritt Driscoll- Project Manager Cort Cox- Engagement Lead Jessie Hecocta- Organization Lead Jessie DuBose- Community Programs Manager</p> <p>The local BZP team is officially in the implementation phase. The community blueprint and strategic plan have both been completed. These will be reviewed annually by the BZP team and steering and leadership committees.</p> <p>Blue Zones Office is in a new location and is now located on the corner of 5th and Klamath (Old SmithBates building).</p> <p>Blue Zones Community kick-off is March 12th at 2pm at the Ross Ragland Theater. This exciting event is open to the public. This is a great opportunity to hear the world-renowned Dan Buettner deliver the engagement speech. The engagement speech is a prerequisite to signing the personal pledges and must be delivered by a certified BZP team member. The goal is to have 6,000 Klamath residents sign the personal pledge. Please spread the word to other community organizations and members. Let's help make this BZP Kick-off event a huge success!</p> <p>If your organization is interested in hearing the engagement speech (20 - 30 min presentation including Q & A) please contact Jessie DuBose.</p> <p>BZP Large Employee Summit is Wednesday, February 17th. Invitations have been delivered to the largest employers in Klamath Falls. The summit will include presentations by Sky Lakes, Jeld-Wen, and Kingsley Field discussing the BZP employee wellness program and how it is a great return on investment. BZP Small Employee Summit, April 11th. More details to come. The purpose of these summits is to drive awareness of the BZP in Klamath Falls. So far, the team has reached out to over 25 larger employees.</p> <p>Pelican and Shasta Way schools are working hard to become the first Blue Zone schools in Oregon. If you or someone you know is interested in serving as a volunteer on the Blue Zones School</p>	<p>Any questions on Blue Zones can be directed to Jessie Dubose at</p> <p>Jessica.dubose@healthways.com</p> <p>If you'd like to volunteer at the kick-off please contact Jessie D.</p> <p>Cort.Cox1@healthways.com</p>

	<p>Committee please contact Cort Cox. The committee meets once a month and there is room to get involved!</p>	
<p>RARE Recreational Research Project</p> <p>Kim Thomson</p>	<p>Kim Thomson is the RARE (Resource Assistance for Rural Environments) AmeriCorps member who is working for Healthy Klamath on a recreation project. She gave an update on her activities to date:</p> <p>In February of 2013, a petition for a Basin Recreation District was submitted to the BOCC by a group of local citizens. The petition proposed: creating a board of 5 persons (elected by voters), a tax rate of 37 cents per thousand dollars of assessed property value, a focus on partnership with existing recreation providers, and the development of new recreational programs at a reduced cost. This did not make it onto the ballot.</p> <p>In September 2015, Kim, the RARE member began working on the recreation project to help advance work on establishing a recreation district.</p> <p>Key Tasks and Goals:</p> <ol style="list-style-type: none"> 1. Creating an inventory of current recreational providers and recreational opportunities. 2. Develop a strategic plan with specific steps in moving forward for proposing another recreation district. 3. Community based forum to present options based on funding possibilities. 4. Demonstration of a pilot rec program through the Park and Play program. 5. Outreach and public education based around how recreation relates to personal, social, and economic health and wellness. 6. Continuity of support from current recreational stakeholders, local public and political officials, affecting local organizations, and persons living in the proposed recreation district. <p>RARE project partnerships include Blue Zones, Child Hunger Coalition, Sky Lakes and OSU Extension.</p> <p>Local stakeholder assessments identified common themes from stakeholder interviews: concerns with sustainability and funding, meeting the needs of vulnerable populations, health outcomes reflect the need for increased user base, hesitancy to share limited resources and doubt in securing public financial support.</p> <p>This summer we hope to have money from the Wal-Mart State Giving Grant to supply the Summer Park and Play Program with recreational opportunities and increased services. This will also serve as a model for what a recreation district could do for those who cannot afford recreation currently.</p>	<p>Contact Kim Thomson to get involved or provide additional feedback</p> <p>kimberly.thomson@skylakes.org</p>

	<p>The end goal is to have a feasible and community-specific strategic plan to follow in order to have a recreation district on the tax ballot.</p> <p>Case Studies of established recreation programs include LaGrande, Sisters, and Eugene</p> <p>Questions Kim asked Healthy Klamath</p> <ol style="list-style-type: none"> 1. What would you like to see happen at the end of the RARE term? 2. Are there other organizations or groups that should be included in the conversation? 3. How can this initiative be supported after July? 	<p>If you have contacts for sports groups/clubs for kids and/or adults please contact Kim so she can add it to her inventory! kimberly.thomson@skylakes.org</p>
<p>Regional Health Equity Coalition Update</p> <p>Valeree Lane</p>	<p>Valeree Lane is the new coordinator for the Klamath Regional Health Equity Coalition (KRHEC) and gave an update.</p> <p>This fall KRHEC in partnership with Klamath Tribal Health and Family Services is bringing a social exclusion simulation to the Basin. The simulation serves as a training tool for health professional students and health and social service providers. Its aim is to increase knowledge and awareness of the social and environmental factors that impact health and also set the stage for the adoption of policies that promote health for every Klamath County resident.</p> <p>KRHEC is also working on surveying local medical providers and clinics to create directory information regarding services for transgendered members in our community.</p> <p>The Chiloquin First Coalition will soon be implementing a “Sticker Shock” campaign to raise awareness around the problematic issue of adults providing alcohol to minors in the Chiloquin community. This is a youth-led alcohol prevention campaign that everyone in the community is really excited about.</p>	<p>vlane@klamathcounty.org</p>
<p>Child Hunger Coalition</p>	<p>Renea Wood from the YMCA gave an update on the Summer Lunch and Health Promotion Program (Park and Play Program) which has been renamed the Child Hunger Coalition of Klamath County.</p> <p>This is a collaborative group working together to find funds to further enrich the summer program. They are currently working on an application for the Wal-Mart State Giving Grant.</p>	<p>Renea.Wood@kfallsymca.org</p>
<p>Protected Bike Lane Project Update</p>	<p>Katherine Pope gave an update on the Protected Bike Lane Project.</p> <p>Please check out the Protected Bike Lane Project’s open virtual house. One of the project and policy priorities in the Built Environment Blueprint is the Urban Trails Master Plan, and</p>	<p>http://workshops.kaiproject.com/workshops/25-moore-park-to-downtown-klamath-falls-</p>

	specifically the Oregon Avenue Protected Bike Lane. The Protected Bike Lane Project needs more public input. Please visit the following site to learn more about the protect bike lane project and comment on what route you like best!	corridor-plan You can also find more information at www.oregonave.com
Klamath Works Social Service Campus	Paul Stewart gave an update on the Klamath Works Project. Progress is being made. Currently, two RFPs are out. One addresses sobriety needs, while the other concerns on-the-job training. There are a cycle of leases in play for the physical build-out of the campus and they are still working with human services providers on the possibility of relocated to this campus. The Mission has more money to raise to be able to relocated to this campus, but has made considerable progress.	
Early Learning Hub	Nora Avery-Page is no longer with the Herald and News. She is now the Early Learning Hub and Family Resource Facilitator. She is looking forward to partnering with Healthy Klamath organizations to further address the needs of children under the age of five years.	Contact Nora at nora.avery-page@douglasesd.k12.or.us
Steen Sports Park	Steen Sport Park has a new newsletter that has a schedule of upcoming events, leagues and clinics.	http://www.steensportspark.com/
Next Meeting MARCH 23rd , 2016		